

A letter to all Plymtree Residents
from the Parish Council
and the Plymtree Community Shop



COVID-19 – How We May Help Each Other

The government's restrictions on our movements and activities as it tries to manage the burden on the NHS will affect many people locally. We would like to co-ordinate the efforts of people who may offer to assist and those who may seek assistance.

All information about our activities can be found on the village website

www.plymtree.org.uk

We have set up a single email address **VillageHub@plymtreeshop.uk** to which we invite offers of and requests for assistance. There is also a single phone number **07396 241642** where you can leave an answerphone message. Messages will be checked at least daily.

If you are self-isolating because you fit in one of the government categories (age over 70, underlying health condition, unwell, etc.) please contact us by email or phone to let us know, giving your name, address, phone number, number of people in the household, and any specific requests such as wanting a delivery service from the shop.

Plymtree Community Shop is offering a delivery service for the goods it can supply (see guidance overleaf) to those who are self-isolating or quarantined. ***We would appreciate the offer of volunteers*** to help in the shop and with this service (contact us via one of the methods above, even if you have already told someone you wish to volunteer). Anyone wanting to receive deliveries is requested to download and complete a copy of our order form from **www.plymtree.org.uk/shoporderform** and then email it back to the shop. If you don't use email then please phone the number above to request some copies of the form and we will deliver them to you. **PLEASE DO NOT PHONE THE SHOP TO PLACE AN ORDER.** Once the form is completed you should phone us to collect it and make your delivery.

We will request normal payment for all goods and will accept cash, debit/credit card payment over the phone, online bank payments or, as a last resort, cheques.

Requests for assistance with collecting medical supplies and prescriptions should be made by email or phone to the address/number shown above.

The Blacksmiths Arms, our village pub, will be offering a takeaway meal service and, for self-isolators in Plymtree only, a meal delivery service 4pm-8pm Tuesday – Saturday and 12pm–2pm Sundays. See the website **www.blacksmithsplymtree.co.uk** or contact them on 277474 for details and ordering.

Plymtree Community Shop

We can supply the following types of goods – please phone 277920 to ask if you need more detail, but please do not place an order by phone – use the order form (see overleaf):

- Dairy (Milk, butter, cream, cheese)
- Bakery (Bread, rolls, cakes, buns)
- Eggs
- Meat
- Vegetables
- Dry goods (Flour, sugar, home baking, canned food, biscuits, tea, coffee, sauces)
- Snacks (pasties, sausage rolls, crisps)
- Ready meals and frozen food
- Chocolate and other sweets
- Soft drinks (orange juice, coke, lemonade)
- Alcoholic drinks (wine, beer, cider, spirits)
- Medical and toiletries (paracetamol, ibuprofen, cough mixture and other over-the-counter medical goods)
- Household goods (Tissues, toilet paper, cleaning materials, firelighters, batteries)
- Stationery (stamps, envelopes, tape, cards)
- Newspapers and magazines
- Pet food